Public Health Nursing

• Definition
  – Public health nursing is the practice of promoting and protecting the health of populations using knowledge from nursing, social, and public health sciences
    – American Public Health Association, Public Health Nursing Section, 1996
21st Century Public Health Nursing

- Emphasizes:
  - Core Public Health Functions
  - Essential Services of Public Health

- Proactive in approach to health concerns
  - Impacting policy (laws)

- Consider multiple determinants of health
  - Individual
  - Societal and environmental
Core Public Health Functions

• Assessment
  – *Systematic data collection* on the population, *monitoring* the *population’s health status*, and making information available about the health of the community

• Policy Development
  – *Efforts to develop policies* that support the health of the population, including using a scientific knowledge base to make policy decisions.

• Assurance
  – *Making sure* the essential community oriented health services are available. Making sure that a *competent public health workforce is available.*
Essential Public Health Services

• Represents the obligations of the public health system to implement the core functions
• Developed by a working group of federal agencies and organizations via U.S. Public Health Service
• Consists of 10 essential services
Essential Public Health Services

**Monitor** health status to identify community health problems.  
**Diagnose and investigate** health problems and health hazards in the community.  
**Inform, educate, and empower** people about health issues.  
**Mobilize** community partnerships to identify and solve health problems.  
**Develop policies and plans** that support individual and community health efforts.  
**Enforce** laws and regulations that protect health and ensure safety.  
**Link** people to needed personal health services and assure the provision of health care when otherwise unavailable.  
**Assure** a competent public health and personal healthcare workforce.  
**Evaluate** effectiveness, accessibility, and quality of personal and population-based health services.  
**Research** for new insights and innovative solutions to health problems.

Source: American Public Health Association (2009).
Characteristics of Public Health Nursing

- The client or unit of care is the population
- Focus on greatest good for greatest number
- Client (population) equal partner
- Primary prevention
- Environmental, social, economic conditions
- Reach out to all who might benefit
- Optimal use of available resources
- Collaboration
  - Source: American Nurses Association (2007)
Public Health Interventions “Wheel”

- All public health professionals included
- Interventions at three levels of population-based practice
  - Individual-focused
  - Community-focused
  - Systems-focused
    - Organizations
    - Policies
    - Laws
    - Power structures

What best defines the core functions of public health? Click the link below that best answers the question.

- **Identifies the role of nursing in providing services in the community**
- **Explains the essential services provided by public health departments**
- **Is made up of assessment, policy development, and assurance**
- **Consists of the direct provision of services to populations at-risk**
Sorry!

• That is incorrect. There is a better answer choice. Click this link to return to question.
Correct

• Great! Your choice was the best answer.
• Click Enter or Return to proceed to the next question
Which of the following is an essential public health service? Click the link below that best answers the question.

- **Monitor health status to identify community health problems**
- **Assure leadership and systems thinking of public health workforce**
- **Provide culturally competent care to populations at-risk**
- **Determine the societal factors contributing to population health problems.**
Sorry!

- That is incorrect. Click this link to return to the question.
Correct

• Great! Your choice was the best answer.
• Click Enter or Return to proceed to the next question.
Consider “The Wheel” model of public health interventions when answering this question. A public health nurse collaborating with other health care agency administrators to influence area legislators’ votes on health reform is an example of a population-based intervention provided at which of the following levels?

Click the link below that best answers the question.

- Population level
- Individual level
- Community level
- Systems level
Sorry!

- That is incorrect. Click this link to return to the question.
Correct

• Great! Your choice was the best answer. You have now arrived at the end of the quiz. How did you do? Feel free to review this presentation if you are unsure of any of the concepts addressed.
References